

MIKAH ADKINS

FOR INTERNATIONAL DIVISION I VICE PRESIDENT

Rooted in resilience,
growing through
service



ΦΘΚ

ALPHA CHI SIGMA

Cape Fear Community College - Wilmington, NC

Mikah Adkins is a resilient, service-driven leader whose passion for advocacy and connection is rooted in both academic purpose and personal values. Dually enrolled at Sea-Tech and Cape Fear Community College, Mikah is pursuing a Clinical Medical Assistant (CMA) credential and an Associate in Applied Science, with long-term goals of becoming a pediatric cardiothoracic surgeon.

Mikah's leadership philosophy centers on resilience—pushing through challenges by serving others. This mindset is reflected in active involvement with Phi Theta Kappa's Alpha Chi Sigma chapter, including tabling events to promote PTK membership and engagement, helping organize a chapter food drive, and supporting community-building initiatives such as chapter potlucks. These experiences strengthened Mikah's ability to communicate effectively, foster inclusion, and create welcoming spaces for students to connect and belong.

As a health sciences student balancing rigorous coursework and hands-on training, Mikah understands the demands many Division I students face. Running for Division I Vice President, Mikah seeks to support chapters through clear communication, increased engagement opportunities, and genuine representation. Mikah is committed to uplifting student voices, strengthening chapter connections, and ensuring Phi Theta Kappa remains a space where students are encouraged to grow academically, lead confidently, and serve with purpose.

Leading with empathy, determination, and heart, Mikah is ready to serve Division I with integrity and resilience.

Health/Science/English Tutor

Novant Health Junior Volunteer

Carolina Beach Fire Dept. Volunteer

Upward Bound Math & Science

LGBTQ Youth/No Kings Protest

Adopt-An-Angel Volunteer

4-H Volunteer

Service & Community Engagement

Leadership Roles

Alpha Chi Sigma Chapter President

Youth Hearts Coalition Chapter Manager

SkillsUSA Reporter

Medical Assisting Club President

Student Govt Vice President

Event Coordinator

Academics/PTK

I am a motivated student with a strong academic foundation and a commitment to early and sustained involvement in higher education. I have earned a 4.6 GPA at SEA-Tech, completing high school coursework by age 16, and currently maintain a 3.6 GPA at Cape Fear Community College while actively engaging in campus and community initiatives. I joined Phi Theta Kappa at age 16 and have remained an active member of the Alpha Chi Sigma chapter, consistently contributing to chapter engagement, service efforts, and student outreach.

Beyond the Classroom

In my free time, I enjoy singing, painting, baking, and calligraphy. I find constant inspiration in music, especially from The Beatles, The Beach Boys, and The Mamas and The Papas. Spending time with friends is an important way I stay grounded and energized.

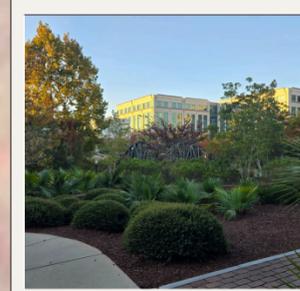
My resilience is deeply personal. At age 16, I lost my best friend, whose encouragement and passion for helping others continues to inspire me. Her loss strengthened my commitment to flourish through service, lead with compassion, and uplift others with purpose and heart.



Chapter Food Drive



Upward Bound Competition



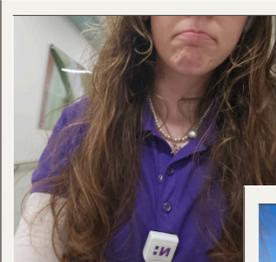
Cape Fear Community College



Singing the National Anthem at Graduation



Aquarium with My Sister



Novant Health Volunteering



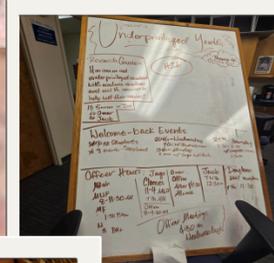
Animal Rescue Christmas Fair Volunteering



Trunk or Treat w/ face painting Volunteering



Regional Honors Institute 2025



HIA Planning



Regional Leadership Conference 2025



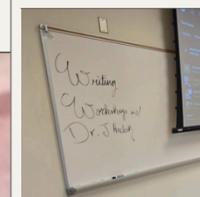
My Best Friend Aijah



Where I am From!



Officer Role Poster



Writing Workshop



My Best Friend Pearl



@mikahhhhstrudel

mkadkins359@mail.cfcc.edu