

Heather "EL" Rayn

Division III International Vice President

"I believe in the power of story, science, and soul. As Division III Vice President, I will champion inclusion, curiosity, and healing—building bridges between diverse minds and hearts across our society."

Heather "EL" Rayn is not just a student—she's a movement. A mother, scholar, streamer, and spiritual advocate, EL brings a kaleidoscope of lived experience, academic rigor, and creative fire to everything she touches. Her leadership is rooted in authenticity, humor, and a fierce commitment to unity

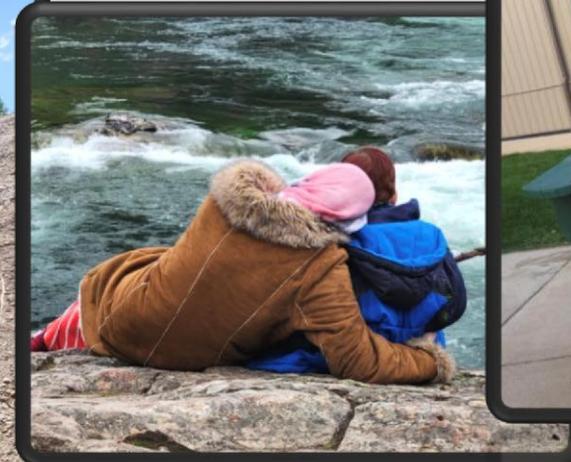
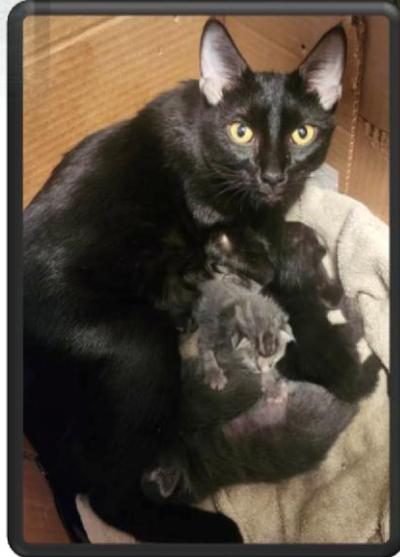


Chapter: Beta Phi Kappa
College: Purdue Global University



Compassionate Leadership

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Heather “EL” Rayn nurtures life with fierce love and gentle strength, embodying compassionate leadership in every aspect of her world. She is a caregiver and protector of all living beings, showing mercy and kindness whether rescuing a fallen baby pigeon or helping a neighbor walk their dog. Her compassion extends into her own home, where she cares for five cats all under two years old, a hamster, and a three year-old ball python cherished by her nineyear-old son. EL’s ability to lead with empathy, responsibility, and unwavering care reflects her belief that true leadership begins with protecting and uplifting life in all its forms.

Creative Expression

Resilience & Realness

Community & Play



Heather "EL" Rayn is a creative and resilient leader who expresses herself through vibrant decorations, imaginative LEGO builds, and bold fashion. She shows realness in streaming and drag personas, embracing authenticity while supporting and uplifting LGBTQ+ communities. EL is deeply rooted in community, joining local Halloween celebrations, hosting inclusive birthday parties, encouraging participation in taekwondo classes, and offering low-income childcare. Her life reflects a balance of artistry, advocacy, and compassion, making her a leader who builds unity through joy, strength, and care.

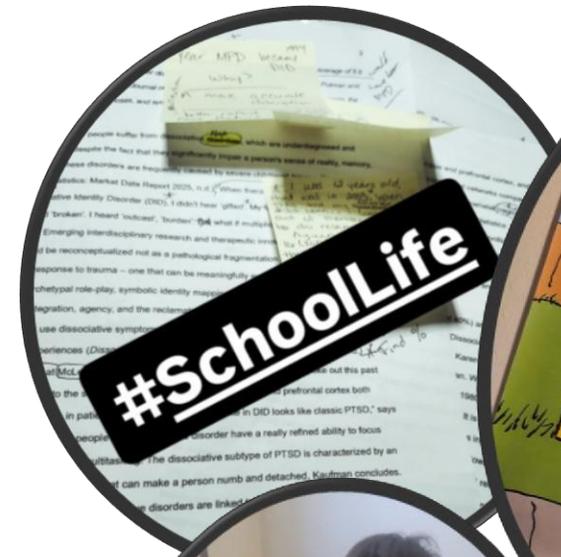
Spiritual/Cultural Inklusivity

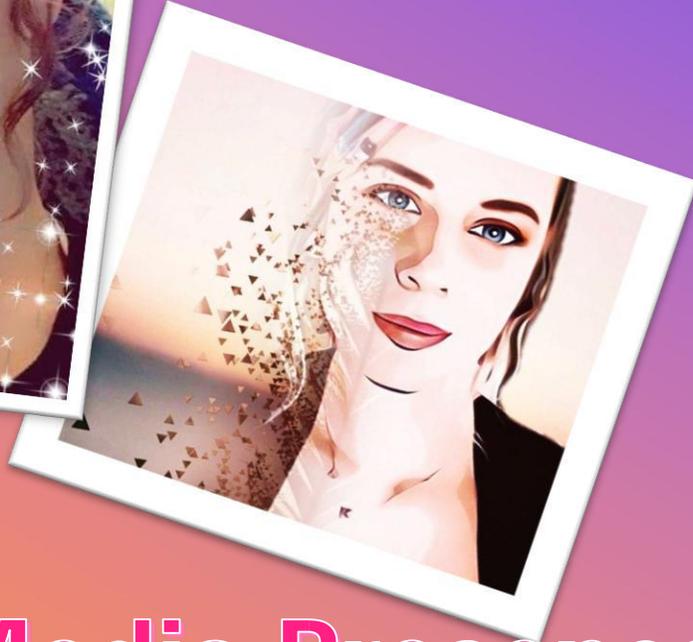


Heather “EL” Rayn’s path toward becoming a holistic and spiritual motivational speaker and therapist is deeply rooted in her lived commitment to spiritual and cultural inclusivity. She honors diverse traditions— from menorah lighting to everyday rituals of compassion—with reverence and curiosity, seeing each as a doorway to deeper understanding. This inclusive worldview informs her academic pursuit of psychology and her passion for trauma-informed care, where healing is not just clinical but soulful. As a homeschooling mother, EL integrates philosophy, emotional intelligence, and cultural awareness into daily life, modeling the kind of integrative, heart-centered guidance she aims to offer professionally. Her future as a therapist and speaker is not just about helping others—it’s about creating spaces where every story, every belief, and every being is welcomed with love.

Academic Depth

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🎓 Academic & Leadership Credentials

Current Studies: Bachelor of Science in General Psychology

Future Plans: Master's and Doctorate Degree specializing in Dissociative Identity Disorder and trauma care

PTK Involvement: Active member committed to advocacy, scholarship, and service

Digital Leadership: Builds community through streaming, vlogging, and mental health advocacy

Creative Work: Writer of music, narrative, and spiritual reflection



Social Media Presence

Facebook: <https://www.facebook.com/MamaBear7.6>

TikTok: <https://www.tiktok.com/@el.rayn63>

YouTube: <https://www.youtube.com/@elrayn62>

Instagram: <https://www.instagram.com/heatherelizabethrayn/>