PHI THETA KAPPA
HONOR SOCIETY

Candidate Questionnaire: Getting to Know You

Please complete this questionnaire. Answers should be brief.
Responses will appear unedited on Phi Theta Kappa's Catalyst website.

Candidate for (highlight ONE):

- ☐ International President
- ☐ Division I Vice President
- ☐ Division II Vice President
- ☐ Division III Vice President
- ☐ Division IV Vice President

Your Name: Heather Rayn

1. **What is your college major?**
   a. **Psychology**

2. **What is your ultimate career goal?**
   a. **I would eventually like to be a Holistic/Spiritual Motivational Speaker/Therapist specializing in Dissociative Identity Disorder and other Trauma related issues**

3. **What was your primary reason for accepting PTK membership?**
   a. **I accepted the PTK membership because I wanted to be able to have a community to reach out to for support, as well as input into my studies and future career goals. The scholarships are just bonuses.**

4. **What's your go-to "fun fact" during an icebreaker?**
   a. **My head is filled with "fun facts", and usually it depends on the situation or people in the group in which I am talking to. But a recent fun fact I learned was that snails are hermaphroditic, I learned this while working on a recent art project.**

5. **If you could thank your past self for one decision, what would it be?**
   a. **Thank you for never giving up on us. I know that times got hard, really hard. And we did things, to hurt ourself because we couldn't take the emotional pain. But I want to thank you for always having the strength somewhere deep inside you to keep pushing forwards, even if at times it was only for someone else.**

6. **What's a small, everyday thing that brings you joy?**
   a. **My son's hugs. Sometimes I think he is growing up too fast, but those days when he give me a hug on his own....they help me be happy and know that he will always be my baby boy.**

7. **If you could instantly master a random skill (tightrope walking, speaking fluent whale), what would it be and why?**
   a. **I would want to master the random skill of understanding and speaking any persons language. I would want this skill because I love talking to different people, of different cultural and**

spiritual backgrounds, and this skill would allow me to understand them in their native languages as well as speak to them in their own tongue. I think it would make for a much better understanding and appreciation.

8. **What's your go-to hype song when you want to feel unstoppable?**
    a. **I always love to listen to Broken and Beautiful by Kelly Clarkson from the Ugly Doll soundtrack. It helps remind me that even though I have been labeled as "broken" I am beautiful in my brokenness. I don't need to be perfect to be loved. I just have to be the best me I can be.**

9. **What's your favorite way to recharge when you're running on empty?**
    a. **I love to laugh. Whether its at funny cat videos, or a good comedy, laughter has always helped to recharge my energy battery. And if those don't work....a hot shower and a catnap always help.**

10. **What's your favorite tradition – family, personal, or something you invented?**
    a. **Having always been in a relationship or growing up in a family where I was not in control we had many forced traditions. But now that it is me and my son building our own family...we have found we love to include many different traditions in our household, such as the lighting of candles for Hanukkah, though we are mainly Christmas celebrators. He has even asked to include Hispanic traditions from his biological fathers bloodline.**