



PHI THETA KAPPA
HONOR SOCIETY

Candidate Questionnaire: Getting to Know You

*Please complete this questionnaire. Answers should be brief.
Responses will appear unedited on Phi Theta Kappa's Catalyst website.*

Candidate for (highlight ONE):

- ☒ International President
- ☐ Division I Vice President
- ☐ Division II Vice President
- ☐ Division III Vice President
- ☐ Division IV Vice President

Your Name: Benjamin Sang

1. What is your college major?

My major is Biology, and I am on the Pre-Med tract.

2. What is your ultimate career goal?

My ultimate career goal is to become a physician–scientist, with a focus on medicine, particularly oncology, while remaining deeply engaged in education and leadership advocacy. I hope to combine clinical care, research, and mentorship to improve patient outcomes and expand access to opportunity through education. Beyond my profession, I aspire to be a lifelong leader who advocates for students, especially those who face barriers to belonging or access, and who uses education as a tool to empower individuals and communities.

3. What was your primary reason for accepting PTK membership?

My primary reason for accepting Phi Theta Kappa membership was that my long-term goal of becoming a physician–scientist and advocate for others requires continual personal and professional growth. I value using education not only as a means of learning, but as a tool to advocate for others and create spaces where people feel supported and included. I knew I needed to step outside my comfort zone, develop leadership and communication skills, and grow beyond academics alone. PTK motivates and rewards students who actively work toward these endeavors while fostering a community grounded in recognition, service, and belonging. Through PTK, I have been encouraged to grow with purpose while contributing meaningfully to others.

4. What's your go-to "fun fact" during an icebreaker?

In the past, I completed 2 grades per year, yet thinking of an answer during an Ice Breaker somehow still feels harder!

5. If you could thank your past self for one decision, what would it be?

If I could thank my past self for one decision, it would be not giving up on my education after it was disrupted for over two years by COVID-19 and the military coup. Choosing to keep moving forward led me to earn my GED and continue my education in the United States, where I began my undergraduate studies at age sixteen in fall 2024. That decision required courage and uncertainty, but it allowed me to reclaim my future through learning and reinforced my belief in education as a source of resilience, purpose, and growth.

6. What's a small, everyday thing that brings you joy?

A small, everyday thing that brings me joy is taking a moment to realize that I am given the opportunity to grow and become a better person each day. I also find joy in spending time with my close friends, my best friend, and my family—those moments of connection remind me of what truly matters and keep me grounded.

7. If you could instantly master a random skill (tightrope walking, speaking fluent whale), what would it be and why?

If I could instantly master a skill, it would be understanding people across languages and cultures. I've learned that sometimes people want to be heard more than they want solutions, and I don't always catch that right away. Being able to truly understand others would help me advocate better and build trust, especially in diverse spaces.

8. What's your go-to hype song when you want to feel unstoppable?

My favorite go-to song when I want to feel unstoppable is "A Sky Full of Stars" by Coldplay. To me, it's a reminder to keep going even when things feel difficult.

9. What's your favorite way to recharge when you're running on empty?

Spending quiet time alone, painting, playing the piano, and having meaningful conversations with people I'm close to are my favorite ways to recharge when I am running on empty.

10. What's your favorite tradition – family, personal, or something you invented?

One personal tradition I've developed is taking a few minutes at night to look at the sky and reflect on the day. It helps me slow down, stay present, and remind myself why I keep moving forward, even when things feel overwhelming.